

Transfer Guide between Maricopa Community Colleges and Grand Canyon University



Associate of Science – Bachelor of Science in Exercise Science with an Emphasis in Health Education

Chandler-Gilbert Community College
Estrella Mountain Community College
GateWay Community College

Glendale Community College
Mesa Community College
Paradise Valley Community College
Phoenix College

Rio Salado College
Scottsdale Community College
South Mountain Community College

The following table outlines the requirements needed to receive an Associate of Science from Maricopa Community Colleges. Within the table we have identified preferred courses from Maricopa Community Colleges that will be applicable towards Grand Canyon University's The Bachelor of Science in Exercise Science with an Emphasis in Health Education. The following will be used in evaluating official transcripts.

Maricopa Community Colleges – Associate of Science	Credits	Grand Canyon University – The Bachelor of Science in Exercise Science with an Emphasis in Health Education	GCU Applied Semester Credits
General Education Requirements: 37-41 credits			
ENG101: First Year Composition OR ENG107: First-Year Composition for ESL <i>(Prerequisite placement must be met)</i>	3	ENG-105: English Composition I	3
ENG102: First Year Composition OR ENG108: First-Year Composition for ESL	3	ENG-106: English Composition II	3
Literacy & Critical Inquiry – May be met by CRE101 – Critical College Reading (if not exempt) or COM230 – Small Group Communication	0-3	General Elective	3
MAT220 or MAT221: Calculus with Analytic Geometry I (Prerequisite placement must be met)	4-5	MAT252: Calculus and Analytic Geometry I (4) OR MAT-351: Calculus for Biomedical Sciences (4) AND General Education: Critical Thinking (1)	4-5
Social-Behavioral Sciences – Select SB courses from two different disciplines that also meet Cultural Diversity in the U.S. (C) and/or Global or Historical Awareness (G or H) if not already met. See aztransfer.com/mccd_matrix for approved course lists. HES100: Healthful Living recommended	6	General Education: Global Awareness, Perspectives, and Ethics (See MCCCDC-GCU Course Equiv. Guide: http://www.gcu.edu/Transfer-Center/Transfer-from-a-Maricopa-Community-College/Course-Equivalency-Guides.php) PED-200: Lifetime Personal Wellness and Teaching of Fitness	6
Humanities, Arts & Design- Select HU that also meets Cultural Diversity in the U.S. (C) and/or Global or Historical Awareness (G or H) if not already met. See aztransfer.com/mccd_matrix for approved course list.	6	General Education: Global Awareness, Perspectives, and Ethics (See MCCCDC-GCU Course Equiv. Guide: http://www.gcu.edu/Transfer-Center/Transfer-from-a-Maricopa-Community-College/Course-Equivalency-Guides.php)	6
Natural Sciences-Select a sequence of the same science from BIO181 and BIO182 OR PHY121 and PHY131 OR CHM151/151LL and CHM152/152LL (or equivalent CHM-check with advisor)	8	General Education: Critical Thinking (See MCCCDC- GCU Course Equiv. Guide: http://www.gcu.edu/Transfer-Center/Transfer-from-a-Maricopa-Community-College/Course-Equivalency-Guides.php)	8
Subject Options - BIO160: Introduction to Human Anatomy and Physiology	4	BIO155/BIO-155L: Introduction to Anatomy and Physiology	4
Subject Options - FON241 Principles of Human Nutrition	3	BIO-319: Applied Nutrition	3
Maricopa Additional Requirements - May be shared with General Education and Elementary Education Requirements: 0-6 credits			
CRE101: College Critical Reading- meets Literacy & Critical Inquiry [L] requirement OR Equivalent by assessment	0-3	General Elective	0-3

Transfer Guide between Maricopa Community Colleges and Grand Canyon University



Maricopa Community Colleges – Associate of Science	Credits	Grand Canyon University – The Bachelor of Science in Exercise Science with an Emphasis in Health Education	GCU Applied Semester Credits
Oral Communications- COM230: Small Group Communication- meets Literacy & Critical Inquiry (L) requirement	0-3	COM-222: Small Group Communication	3
Recommended Elective: 19-23 credits			
EXS130: Strength Fitness-Physiological Principles and Training Techniques	3	EXS-200: Resistance Training: Theory and Practice	3
EXS132: Cardiovascular Fitness: Physiological Principles and Training Techniques	3	EXS-202: Cardiovascular Fitness: Theory and Practice	3
EXS145: Guidelines for Exercise Testing and Prescription	3	EXS-235: Exercise Testing and Prescription	3
EXS216: Instructional Competency: Muscular Strength and Conditioning AND EXS-214: Instructional Competency: Flexibility and Mind-Body Exercises	4	EXS-200L: Resistance Training: Theory and Practice Lab AND General Elective	2 2
EXS218: Instructional Competency: Cardiorespiratory Exercises and Activities	2	EXS-202L: Cardiovascular Fitness: Theory and Practice Lab	2
FON247: Weight Management Theory	3	EXS-247: Health Risk Appraisal, Weight Control & Management	3
Elective credits as needed to reach 60 credit minimum for Associate's degree			1-5
Minimum Number of Credits Required for Associate of Science at Maricopa Community Colleges			60
Total Credits Applied Towards Grand Canyon University's The Bachelor of Science in Exercise Science with an Emphasis in Health Education			64-65

The following table outlines the remaining courses required to fulfill the Bachelor of Science in Exercise Science with an Emphasis in Health Education program requirements at Grand Canyon University:

Course #	The Bachelor of Science in Exercise Science with an Emphasis in Health Education	Semester Credits
General Education Remaining: 8 credits		
UNV-303	University Success	4
CWV-301	Christian Worldview	4
Program Major Remaining: 40 credits		
HLT-485	Methods of Teaching Health and Measuring in Exercise Science	4
EXS-340	Physiology of Exercise	3
EXS-340L	Physiology of Exercise-Lab	1
EXS-344	Exercise Science: Special Populations	4
EXS-430	Health Promotion	4
EXS-335	Kinesiology	3
EXS-335L	Kinesiology Lab	1
EXS-431	Health Assessment	4
HLT-411	Global Health Issues	4
EXS-316	Health Management and Administration	4
EXS-432	Health Planning & Implementation	4
EXS-441	Epidemiological Issues	4
Elective credits as required to reach 120 credit minimum for a Bachelor's degree		16-17
Total Credits Completed at Grand Canyon University		55-56

Transfer Credits from the Associate of Science – Maricopa Community Colleges	64-65 semester credits
--	------------------------

Transfer Guide between Maricopa Community Colleges and Grand Canyon University



Remaining Credits Required at Grand Canyon University	55-56 semester credits
Total Credit Hours Needed to Complete The Bachelor of Science in Exercise Science with an Emphasis in Health Education at Grand Canyon University	120 credits

*Traditional campus students who have transferred in a minimum of 24 college level credits and have a 3.0 GPA or higher can waive the University Foundations course, UNV-303. For additional graduation requirements, please see the <http://www.gcu.edu/Policy-Handbook.php>.
 To obtain a baccalaureate degree at Grand Canyon University (GCU), a student must earn a minimum of 36 semester credits in upper division (300 or above) courses. A minimum of 120 credits are required for completion of this program of study. If taking one course at a time, this program will take on average 48 months at GCU. Students with transfer credit that applies to this program will shorten the time to completion from that stated on this transfer guide. Please contact your Academic Advisor for more information.
 All Grand Canyon University programs follow a Program of Study, which can be changed by the University at any time. All Programs of Study are subject to the terms, conditions, and policies outlined in the University's enrollment application and the <http://www.gcu.edu/Policy-Handbook.php>.

Effective 2015